



### **Fundamental Player Expectations**

- Be a Positive Leader in the Classroom
- Be Committed to Your Teammates
- Be a Positive Leader among Your Peers
- Be a Fierce Competitor
- Strive to Become Your Best

### **Important Events**

- Athletic Physical: schedule ***NOW*** for an appointment ***ASAP***
- Athletic Packet: complete on-line; create account at  
<https://sportsnethost.com/mariacarrillohs-parent>
- 1<sup>st</sup> Official Day: August 5<sup>th</sup>; practice will begin @ 4 pm (be early)

### **Contacts**

- Jay Higgins – Varsity Head Coach  
Email: [jhiggins@srcs.k12.ca.us](mailto:jhiggins@srcs.k12.ca.us)
- Josh Gorman – JV Head Coach  
Email: [jgorman@srcs.k12.ca.us](mailto:jgorman@srcs.k12.ca.us)

### **Communication**

We primarily use eMail and our website to communicate important information to our parents. Please be sure to leave a phone number and eMail that you prefer to be used for keeping you up to date. You can also submit your contacts and find more information about Puma Football on our website:

[www.mchspumafotball.com](http://www.mchspumafotball.com)

**WE have what YOU want in your athletic experience:**

- ✓ Excellent Coaches who are dedicated to your Success
- ✓ Comprehensive Off-Season Development Program- *“No Personal Trainers Necessary!”*
- ✓ Academic Support from within our football program
- ✓ The Best Academically Performing School from the Golden Gate to the Oregon border
- ✓ Family Atmosphere that values all members, Freshmen through Seniors

*Integrity*

*Brotherhood*

*Pride*

**Coaches:** Our coaching staff has a tremendous amount of experience both as players and as coaches. Our staff is organized so that *ALL* players, Varsity and JV, are coached by *ONE STAFF* throughout your four years. This continuity of consistent quality teaching ultimately leads to greater development of our players.

**Off-Season Program:** Our players benefit from our off-season program that is second to none! Our off-season program includes both Strength and Speed Development components, as well as two Summer Team Football Camps. Check our website for dates. You don't want to miss out on our Team Camps!!

**Academic Support:** Our coaching staff closely monitors the academic performance of *ALL* players *EVERY* week. We also provide a mandatory Study Hall for all JV players. Additionally, there are many other avenues of support on our campus that are available to all students, including football players.

**Academic Performance:** Our school is without parallel in terms of academic performance! Still, there are plenty of false myths in the community about our school. Some try to say our curriculum is "*too difficult*". Ridiculous! Our curriculum *IS* challenging, but the challenge is to bring out your best! The goal is to prepare you for life after high school, not create a false sense of security with inflated grades. When our players come home on break from their 4-year universities, they always report that their classes seem *EASY* because they were so well prepared at Carrillo! As a football program we are certainly proud of our school, but we are more proud to report the feedback we get from our parents: ***being a Puma Football Player contributes to academic success!*** Our parents tell us that the self-discipline and structure their sons learn as a football player is the best way to acclimate to high school life in those pivotal first months of school!

**Family:** Our players truly are a brotherhood and by extension, their families at home form the greater Puma Football Family! We don't treat our freshmen as second class citizens. On the contrary, our upperclassmen look forward to meeting our new freshmen because *you are the new little brothers!* Welcome to the Family!!

For more information, be sure to visit our team website: [www.mchspumafotball.com](http://www.mchspumafotball.com)

***GO PUMAS!!!***



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